

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Shinead Promnitz**

Has successfully participated & completed the

**5km Trail Race Arnold Chatz Nogwaja Trail Run**

held at Rustig Hiking Trails.

**TIME 01:49:12**

**PACE 21:49/km**

**OVERALL 36 of 60**

**GENDER 14 of 34**

**14 - 19 1 of 3**

29 July 2018, Sun

Date



*BoutTime*

Signature

